

## BADMINTON STAR



Grace Ngiam is set to head to the national badminton competition to defend her previous titles.

## ON YOUR BIKE

Entries are open for Queensland's biggest bike ride on October 9. To enter the Wilson HTM Brisbane to the Gold Coast Cycle Challenge visit [www.b2gc.bq.org.au](http://www.b2gc.bq.org.au).



## HEART WALK

The Heart Foundation walking group, Algester Walkers, meets Mondays, Wednesdays and Fridays at 5pm at the rotunda in Col Bennett Park on Yorrell St for a 60-minute medium-fast paced walk. Call Gabriele on 0422 966 946

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## Rovers second shot

**SOCCER:** Rochedale Rovers will have to do it the hard way after losing a heartbreaker to Wolves FC in extra time during the first Premier League qualifying final on Saturday night. After a hard fought first half, both teams went to the break failing to make an impact on the scoreboard. But the Wolves came out firing and scored a goal in the 47th minute to take the lead. Rovers' substitute Patrick Cronin came on and almost immediately made an impact, finding the back of the net to even the scores in the 76th minute. But the Rovers were unable to build the momentum and conceded a goal in extra time to lose the match 2-1. They will now host a preliminary final this Saturday.

## Reserve Rovers win

**SOCCER:** Three second-half goals helped the Rovers turn the tables on Wolves FC in the Reserve Premier League competition, winning 3-2 in the qualifying final at Underwood Park on Sunday. After falling behind 2-1 in the 65th minute, the Rovers scored two late goals to advance to the grand final on September 23.

## Tigresses fight on

**SOCCER:** Eastern Suburbs may be done and dusted in the men's competition, but the women are still going strong. The women's Tigers will square off against Peninsula Power at AJ Kelly Field on Saturday night after finishing the season in fourth place on the ladder. Kick-off is 7pm. The women's reserves will be looking at taking out their title as well after claiming the premiership for the second time this season. Finishing first has given them top seeding in the finals and they will take on Redlands United at Heath Park on Friday at 7pm.

## Cavendish Rd excels

**SOCCER:** Cavendish Road State High School have excelled at the finals of the 33rd Bill Turner Cup and Trophy competitions in Newcastle, with both the boys and girls finishing in third place. The competitions - which bring more than 400 teams together from across Australia - are a knockout tournament for under-15s. And Cav Road were brilliant after winning the Queensland divisions and heading into enemy territory for the finals. The boys beat Marian Catholic College 2-0 while the girls beat Daramalan College 4-1.

## State side beckons

**SOFTBALL:** Stephanie Harm of Camp Hill and Brooke Spence of Norman Park have earned selection in the 2011-2012 Queensland Heat open women's softball team. The local players earned selection following outstanding individual performances at the 2011 Open Women's State Championship held at South Brisbane from September 2 to 4. Thirteen district teams from across the state competed at the tournament. Harm played for Brisbane Red who finished runners-up overall and Spence represented Redlands Green who won the Open State Championship. The 14-player Queensland Heat team will now train towards the upcoming 2011-2012 Gilley's Shield national open women's tournament.

## CHAMPION IN THE MAKING

**BADMINTON:** Rising badminton star Grace Ngiam will be defending two national titles when she competes in the Australian Under-15 Badminton Championships to be held in Perth from October 2-8.

Last year at only 13 years-of-age Grace took out the national under-15 girls singles and the under-15 girls doubles titles (partnering with Joy Lai from Victoria).

Queensland Badminton Association's Cher Han (Andy) Lau said the Sunnybank player would also be competing as a member of the Queensland under-15 team for the Val Nesbitt trophy.

Lau said the Sunny-

bank State High School student had already competed this year at national level.

"Grace has been a valued member of both the Queensland under-17 and under-19 teams that have already competed at the National Aged Carnivals," he said.

Lau said Grace joined her older brothers David and Lyman, also talented badminton players, in the Queensland under-19 team this year.

**➔ The Queensland Badminton Association hosts junior sessions at Sunnybank Hills State School, Symons Road, Sunnybank Hills, on Sunday, Monday and Wednesday afternoons. Call Ashleigh on 3162 1281, email [ashleigh.marshall@qba.net.au](mailto:ashleigh.marshall@qba.net.au) or visit [qba.net.au](http://qba.net.au)**



SPORT SNAPSHOT

## UQ scholarships offer

**AUSSIE RULES:** If you're a Year 12 student looking to study at University of Queensland in 2012 and play footy in the under-18s next year, you may be eligible for a UQ Sporting Scholarship.

Following a year of hardship and rebuilding after the January floods, the UQ Red Lions are offering scholarships.

The scholarships provide a significant contribution towards annual university fees which would be of great assistance to students.

For more information on the Red Lions scholarships, please contact Peter Herring via email: [peterherring@lumineye.com.au](mailto:peterherring@lumineye.com.au) or phone 0415 415 998.

For more information on the University of Queensland Scholarships, or to apply, visit [www.uqsport.com.au](http://www.uqsport.com.au)

## Glen wins a car

**RUGBY LEAGUE:** Congratulations to Glen Usher from Moorooka who was the lucky winner of the Easts Tigers' inaugural Win a Car Competition.

Glen was the game day winner from Round Seven's match against Central Comets which gave him the opportunity to enter the final draw at Easts' last game of the season.

All previous game day winners got to pick from a selection of keys for their chance to open the door of the car. A chuffed Glen chose the lucky key and drove away with a stunning Suzuki Alto GLX automatic hatch, valued at \$16,500 including on road costs.

The Win a Car Competition will back in action in 2012. For a chance to win a car just like Glen, get down to Langlands Park.

## Easts go south

**RUGBY UNION:** Easts have been eliminated from the second grade competition, the last division the club was still competing in.

After controversially missing the premier league finals on for-and-against points alone, it was up to the second grade side to deliver the club a title in 2011.

And they came within an inch of Sunnybank in their semi-final on Saturday night, ultimately beaten 28-24.

## Try a new sport

**WATERPOLO:** Come and try water polo Sunday, September 18 and 25 from 2-4pm at the Clem Jones Centre Pool, Zahel Rd, Carina. Four sessions for \$60 (rebated from your fees if you join the club for 2011/12 season). Contact Wendy on [wgoode@optusnet.com.au](mailto:wgoode@optusnet.com.au) or 0412 470 72.

## Have a free bowls trial

**LAWN BOWLS:** Women are welcome to try lawn bowls for free at the Coorparoo Bowls Club. Coaching and bowls provided. Ladies play Tuesday, Saturday and every third Friday. Phone 3394 2121 or Robyn on 3324 0524 or 0419 742.

## Cycle challenge is on

**CYCLING:** Entries are open for Queensland's biggest bike ride on October 9. To enter the Wilson HTM Brisbane to the Gold Coast Cycle Challenge visit [www.b2gc.bq.org.au](http://www.b2gc.bq.org.au)

# Break from intensive training will help boxers refocus

THIS week has been tough for our athletes with our elite boxers in to their second week of training after a three-week break.

The 2011 season started in January and goes till December so I decided to give four members of the squad a mid-season break so that they would be ready for the

## RING SIDE

Gareth Williams



Queensland Olympic qualifying event on December 9. Mitchell Coomer, 16, was invited by the Australian head coach to spar with the

Australian men's team in Canberra before they leave for the senior world championships. This was an amazing opportunity for Mitchel and he left on Sunday for an intense four days.

Liam Hutchinson, of Mt Gravatt, turned professional in Ireland over the weekend where he has been living and

training with his cousin, European champion Paul McCloskey. Liam's debut was in front of a passionate Irish crowd of 10,000 people. He controlled the bout from round one by winning every round on all of the judges' scorecards. He will return home next week to continue his professional career at

The Boxing Shop.

The finale of our Old School Fight Camp will be held on October 21, where the boys will be doing it in the name of charity. The night will be raising money for our chosen charity PIPA (Preterm Infants and Parents Association).

Last year was a great suc-

cess with live bands, face painting and the Brisbane Broncos players were also there to support the event.

Before the big night though our boxers have a lot of hard work to do with 5.15am starts and being on strict diets to achieve their weight so that they can be a part of the PIPA charity event.